Gratitude Journal

Date:				Da	aily Intent	ion:				
Today I am Grateful	l For:									
1)										
2)										
3)										
A Goal for Tomorro	w:									
Happiness Level:	1	2	3	4	5	6	7	8	9	10
Date:				Da	aily Intent	ion:				
Today I am Grateful										
1)										
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